

Flexible Sigmoidoscopy

St. Vincent's Hospital Policy:

You will be sedated, therefore you **MUST** have a driver that remains with you from checking in to checking out. Your driver shall remain in the GI Lab at all times, to prevent the delay of being discharged. Bring a list of **ALL** medications.

Female patients **ONLY**:

If you have a menstrual cycle you will need to have a full bladder upon arrival, a urine pregnancy test will be given.

Preparation: **EVERYTHING IS PURCHASED OVER THE COUNTER**

***** USE 2 FLEET ENEMAS, APPROXIMATELY ONE HOUR BEFORE YOUR PROCEDURE*****

DO NOT EAT OR DRINK AFTER MIDNIGHT

DO NOT TAKE ANY MEDICATIONS THE MORNING OF YOUR PROCEDURE

Patient drop will be located at the new outside entrance of the GI Lab (between the main hospital and POB 2/ old cancer center). Valet services will be available at the POB 2 entrance (closest to our entrance). If you do not wish to use valet services, please feel free to park in any one of our parking decks or open lots.

If you have any questions please call our office: 205-933-0960

Day of procedure:

Time: