

Southview Medical Group Gastroenterology- Dr. Joanna Siegel
Upper Endoscopy (EGD) Prep Instructions

1. Do not eat or drink ANYTHING after midnight the night before the procedure. This includes water. **NOTE: If you take blood pressure medication, you may take this before your procedure with a small sip of water.**
2. Bring a driver with you. The driver will have to stay for the duration of the procedure. If they cannot, you must reschedule your procedure.
3. You will register at the GI lab, which is located on the second floor of the main hospital.

*****If you are on the blood thinners (Coumadin, Warfarin, Aggrenox, Effient, Xarelto, etc.), please contact our office and let us know at least a week before the date of your procedure. You MUST come off your blood thinner to have the procedure. You do not need to come off of aspirin*****

If you have THOROUGHLY read these instructions and you do not understand all or part of them, please contact Dr. Siegel's office at (205)933-4675.

Appointment Date: _____ Arrival Time: _____