

SOUTHVIEW RHEUMATOLOGY NEW PATIENT FORM

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Email: \_\_\_\_\_

Primary Care Physician/Clinic: \_\_\_\_\_

Pharmacy and Location: \_\_\_\_\_

**HPI**

What are you here for today? Please briefly describe your present symptoms.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

When did your symptoms begin?

\_\_\_\_\_

Have you seen any other physician for this problem? If so, who?

\_\_\_\_\_  
\_\_\_\_\_

Please list any previous treatment you have received for this problem:

\_\_\_\_\_  
\_\_\_\_\_

When you wake up in the morning, are your joints stiff? [ ] Yes or [ ] No

If yes, for how many minutes? \_\_\_\_\_

**Past Medical History**

Have you had any of the following illnesses? (Check please)

Diabetes ("sugar")		Heart Failure (CHF)		Depression/Anxiety	
High Blood Pressure		Thyroid Problems		Anxiety	
High Cholesterol		Seizures		Seasonal Allergies	
Asthma		Headaches/Migraines		Psoriasis	
COPD		Kidney Problems		Chronic Rashes	
Stroke		Liver Problems		Fibromyalgia	
Heart Attack		Cancer		Reflux (Heartburn)	
Obstructive Sleep Apnea		Osteoarthritis		Osteoporosis	

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Please list any other medical conditions that you are being treated for:

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**Vaccination**

Do you get an annual flu shot?  Yes or  No IF no, why not? \_\_\_\_\_

Have you ever received the pneumonia vaccine?  Yes or  No IF yes, when? \_\_\_\_\_

Have you ever received the zoster/shingles vaccine?  Yes or  No IF yes, when? \_\_\_\_\_

Have you ever received any other vaccines as an adult? If so, please list \_\_\_\_\_

**Surgical**

Please list any surgeries (especially joint surgery) you have had:

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**Medications**

Please list any medicines including supplements that you are currently taking (or bring a list with you). Please include strength and directions for taking:

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**Drug Allergies**

Please list any medicines that you are allergic to:

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**Social History**

Do you smoke?  Current smoker  Former smoker  Nonsmoker

If you are current smoker, how often and how much do you smoke? \_\_\_\_\_

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Do you drink alcohol?  Yes  No ; If yes:  daily  socially  rarely ; If daily, how many drinks? \_\_\_\_\_

Do you exercise?  Yes  No ; If yes, what do you do and how often? \_\_\_\_\_

How is your sleep at night?  Good  Fair  Poor

Do you snore?  Yes  No

Do you have trouble getting to sleep?  Yes  No ; If yes, why? \_\_\_\_\_

Do you awaken during the night?  Yes  No ; If yes, why? \_\_\_\_\_

How many hours do you sleep at night? \_\_\_\_\_ Do you wake up feeling Tired?  Yes  No

**Marital Status**

Please *circle* the appropriate answer:      Married      Single      Divorced      Separated

How many people reside in the home with you? \_\_\_\_\_

Please list them:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are your hobbies? How do you manage stress?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Employment type**

Please *circle* the appropriate answer:      Full Time      Part Time      Retired      Disabled

If employed, what is your occupation?

\_\_\_\_\_  
\_\_\_\_\_

**Family History**

Have any of your family members been diagnosed with any of the following diseases? If so, please list how they are related to you (ie mother, father, sibling, aunt, etc).

Arthritis (type unknown) \_\_\_\_\_  Gout \_\_\_\_\_

Osteoarthritis \_\_\_\_\_  Osteoporosis \_\_\_\_\_

Rheumatoid arthritis \_\_\_\_\_  Ankylosing Spondylitis \_\_\_\_\_

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[ ] Systemic Lupus Erythematosus \_\_\_\_\_ [ ] Crohn's/ Ulcerative Colitis \_\_\_\_\_

[ ] Myositis \_\_\_\_\_

[ ] Psoriasis \_\_\_\_\_

Please list any other medical illnesses in your family:

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**Review of Systems**

Please circle any symptoms that pertain to you:

**Constitutional:** Fevers / chills / fatigue / weight change / night sweats / insomnia / NONE

**Eyes:** Dry eyes / visual loss / blurred vision / contacts / glasses / tearing / NONE

**ENT:** Dry mouth / mouth sores / no sores / dental pain / NONE

**Cardio:** Racing heart / chest pain / chest pressure / pericarditis by history / NONE

**Pulm:** Shortness of breath / wheezing / cough / painful breathing / NONE

**GI:** Nausea or vomiting / diarrhea / heartburn / bloody stools / difficulty or painful swallowing / NONE

**Skin:** Rashes / dry skin / scaling skin / hair loss / rashes with sun exposure / discolorations of hands with cold exposure / NONE

**Neuro:** Numbness or tingling in arms and legs / headaches / weakness / NONE

**Bone Health** (Both men and women, please complete this below)

Have you ever had a bone density exam? [ ] Yes [ ] No. If yes, when was your last exam? \_\_\_\_\_

If you are a woman, have you gone through menopause? [ ] Yes [ ] No. If yes, when? \_\_\_\_\_

Do you take calcium supplementation? [ ] Yes [ ] No. If yes, how much? \_\_\_\_\_

Do you take Vitamin D supplementation? [ ] Yes [ ] No. If yes, how much? \_\_\_\_\_

Have you ever had a fracture or broken bone? Please list: \_\_\_\_\_

Do you have any history of kidney stones? [ ] Yes [ ] No. If yes, when? \_\_\_\_\_

Do you have any history of cancer/radiation? [ ] Yes [ ] No. If yes, when? \_\_\_\_\_