

Southview Medical Group, P.C.
Gastroenterology

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St. Vincent's POB II, Suite 406

2700 10th Ave South

Birmingham, Alabama 35205

Small Bowel Capsule Endoscopy

Scheduled: _____

Register in the St. Vincent's Hospital Admitting Department at **6:30 A.M.**

The day before you are scheduled, you may have breakfast. Starting at lunch, you can **only** have **clear liquids** until **10:00 P.M. Nothing after 10:00 P.M. (nothing the morning you come in).**

On the day of your procedure, you will be given a capsule to swallow; it is similar to a vitamin in size and a "belt data recorder" to wear around your waist. You will then be able to go about your daily activities and return to the hospital **8 hours later** to return the recorder. You will be instructed after your ingestion of the capsule what time you will be able to resume eating.

Clear Liquids include:

- Strained fruit juices without pulp (apple, white grape, lemonade)
- Water
- Clear broth, or bouillon
- Coffee or tea (without milk or non-dairy creamer)

All of the following that are not colored red or purple:

- Carbonated, and non-carbonated soft drinks, including Coke, Pepsi, etc.
- Kool-Aid or other fruit flavored drinks
- Jell-O (without the added fruits or toppings)
- Ice Popsicles

If you have THOROUGHLY read these instructions and do not understand all or part of them, please contact Dr. Folse and Dr. Newman at (205) 933-0960.