

**Southview Medical Group – Gastroenterology – Dr. Joanna Siegel
Colonoscopy Prep Sutab Instructions**

Your Sutab prescription has been called into your pharmacy. Please make sure to pick up.

Appointment Date: _____ Arrival Time: _____

*****NOTE:** Please read ALL instructions very carefully. If you have any questions, please call our office at 205-933-0960, option 2.

If you take any blood thinners such as coumadin, warfarin, xarelto, plavix, eliquis, etc., please call our office at least one week in advance. You must come off of your blood thinner before the procedure. You do not need to come off of aspirin.

****2 days prior to the procedure, avoid any raw fruits or vegetables, foods containing seeds or hulls, leafy vegetables.****

The Day Before the Colonoscopy

CLEAR LIQUID DIET ONLY. For example, water, clear juice with no pulp, tea (black, green, herbal), black coffee (no milk/cream), Gatorade or Powerade (no red, orange, purple), Sprite, 7 Up, Ginger Ale, water, vitamin water, Jello (no red, orange, purple), water popsicles (no red, orange, purple).

DO NOT EAT SOLID FOOD. NO MILK PRODUCTS. ONLY LIQUIDS THAT YOU CAN SEE THROUGH.

At 6 PM, the night before the colonoscopy, open 1 bottle of (12) Sutab tablets. Add water to the provided cup to full 16 oz line. Swallow each tablet with a sip of water and take all tablets within 15-20 minutes. You will then drink an additional 32 oz of clear liquids from the list above one hour after taking the last tablet.

On the Day of the Colonoscopy

6 hours before your procedure, open the second bottle of (12) Sutab tablets. Add water to the provided cup to the full 16 oz line. Swallow each tablet with a sip of water and take all 12 tablets within 15-20 minutes. Drink another 32 oz of water within one hour after taking the last tablet. **NOTHING ELSE TO EAT OR DRINK BY MOUTH 2 HOURS PRIOR THE PROCEDURE.**

PLEASE NOTE THE FOLLOWING:

- Take your heart/blood pressure medication with a very small sip of water the morning of the procedure.
- **DO NOT** take oral medications within one hour of starting each dose of Sutab.
- You must have someone to drive you home after the procedure.
- You should not work after the colonoscopy. Plan to take the day off.

***There will be a \$150.00 no show/cancellation fee for anyone that does not give a 72 hour notice for any procedure. This fee will need to be paid in full before the procedure can be rescheduled.