

**Southview Medical Group
Gastroenterology – Dr. Joanna Siegel**

Upper Endoscopy (EGD) Prep Instructions

Appointment Date: _____ Arrival Time: _____

1. Do not eat or drink anything after midnight the night before the procedure. This includes water. *****NOTE: If you take blood pressure medication, you may take this before your procedure with a small sip of water.**
2. Bring a driver with you. The driver will need to stay for the duration of the procedure. If they cannot, you must reschedule your procedure.
3. You will register at the GI Lab, which is located in the old Bruno Cancer Center across from Professional Building (POB) 3.

*****If you are on blood thinners such as Coumadin, Plavix, Warfarin, Aggrenox, Effient, Xarelto, etc., please contact our office and let us know at least a week before the date of your procedure. You must come off your blood thinner to have the procedure. You do not need to come off of aspirin.*****

If you have any questions, concerns, or do not understand these instructions, please contact Dr. Siegel's office at (205) 933-0960, option 2.

*****There will be a \$150.00 no show/cancellation fee for anyone that does not give a 72 hour notice for any procedure. This fee will need to be paid in full before the procedure can be rescheduled.**